



# Diabetes Youth Foundation

*of Indiana*

## Covid-19 Mitigation & Operations Plan

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At the Diabetes Youth Foundation of Indiana, we take standards for hygiene and cleanliness very seriously and are taking additional steps to protect our campers, families, staff, and volunteers. Our health and safety measures are designed to address a broad spectrum of viruses, including COVID-19, and include everything from handwashing hygiene and cleaning product specifications to the cleaning of program equipment/ supplies. The purpose of this plan is to develop and implement a strategy to operate summer camp programs while preventing the spread and outbreak of COVID-19. We are closely monitoring government policy changes and are following the strict Mandatory and Recommended Best Practice Guidance of the American Camp Association (ACA) Operations Field Guide, Centers for Disease Control (CDC) Childcare Guidelines, as well as from federal, state and local governments and health departments. We will continue to make changes, as necessary or appropriate, to our protocols and procedures to ensure our due diligence in making Camp Until A Cure a viable and safe option for our families this season.

## **SUMMER CAMP CONSIDERATIONS**

### **Small Group Cohorts**

To allow for a reduction of individuals onsite, as well as maximizing the opportunity for continued daily disinfection and cleaning, each session will allow for a maximum of 40 total campers.

### **Facility & Program Updates**

We have made facility improvements including, but not limited to hand sanitizers at activity areas, additional ventilation in the bathhouse along with air purifiers in the cabins, closure of high contact surface program areas, reduction in cabin/group size, purchasing of additional program supplies and equipment to reduce the amount of sharing needed, strategic check in and check out plan to prevent crowds, and much more.

### **Staff and Medical Staff**

We will be assigning cabins prior to arrival at camp and will be utilizing the pod strategy. Additionally, the goal for the 2021 season is for 100% of all staff and volunteers to be fully vaccinated prior to arrival at camp for training.

### **Program Cancellations**

Public health conditions may change over the summer in a way that requires camp sessions to be reschedule and/or cancelled. We will monitor reports about infection rates so that camp is conducted only if data about community infections is reassuring and state law permits residential camps to continue operating.

## **LOST & FOUND POLICY**

In response to the COVID-19 pandemic, DYFI is limiting items held in lost and found, after each camp session ends. We want to be mindful of safe storage space and how to prevent exposure of staff and campers from items, week to week. As such, camp will only hold the following specific list of items:

1. Jackets /Sweatshirts
2. Sleeping Bags, Blankets, Pillows
3. Prescription glasses, durable medical equipment, prescription medication

4. Diabetes Supplies and Equipment
5. Shoes (not water shoes or sandals)
6. Backpacks

Camp will keep these items for no longer than two weeks from the end of the session, after which, these items will be donated or thrown away. Please note that these items will be held at the discretion of camp staff. Items that are soiled, damaged, or otherwise deemed not able to be safely stored will be disposed of.

The list of items camp will not hold on to includes but is not limited to: socks and underwear, all toiletries and toiletry bags, all swim gear including swimsuits and goggles, hats, t-shirts, pants, shorts, pajamas washcloths and towels, water shoes including sandals, water bottles, sunglasses, flashlights and headlamps, toys, cameras, arts and crafts projects including tie dye.

**Daily cabin cleanup help:** Campers should maintain their belongings and help staff identify misplaced items during the camp session. We highly encourage parents to label all items with their camper's name to help our staff identify items during the camp session. Many items look similar and it can be confusing for both staff and campers.

As a reminder, please do not send your camper with anything that is irreplaceable. Things like jewelry or favorite stuffed animal can be easily lost or damaged. Electronics, excluding the use of phones as receivers, are not permitted at camp. Camp is not responsible for any lost, damaged, or stolen items. After the camp session ends, if one of the listed items is missing, please contact the camp office to arrange a safe pickup.

## **SCREENING PROCEDURES**

### **I. Screening Staff and Volunteers**

All unvaccinated staff and volunteers must have a negative PCR test within 5 days of arrival to camp. Every day, before work, each staff/ volunteer must pass both a temperature and symptom screen and then answer the following questions:

“Since your last day of work, have you had any of the following:”

- A new fever (100.4 or higher, or a sense of having a fever)?
- A new cough that you cannot attribute to another health condition?
- New shortness of breath that you cannot attribute to another health condition?
- A new sore throat that you cannot attribute to another health condition?
- New muscle aches that you cannot attribute to another health condition or that may have been caused by a specific activity (such as physical exercise?)
- Nausea, vomiting, or diarrhea?
- Congestion or a runny nose?

If a staff or volunteer answers yes to any of these screening questions, the screener will immediately activate the emergency protocol for Covid-19 by following these steps:

- Remove the staff or volunteer from the work area and isolate the staff or volunteer from others.
- Implement the use of masks and gloves by the staff and co-staff/ volunteers until a status can be determined with a medical test.
- Have the staff or volunteer examined and tested by a medical professional.
- If a staff or volunteer tests positive, isolate the staff or volunteer. Assure adequate medical care or treatment. Coordinate with local officials to conduct ‘contract tracing.’ Have any others who have been in close contact medically tested.

## II. Screening Campers Prior to Arrival

- Prior to the arrival/check-in of a scheduled session, all participants and families will receive an automatic email that provides a preview of the applicable Addendum to the Participant Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement that all participants will be required to sign prior to attending camp. This will contain some important explanations of inherent risks related to COVID-19 and will also include the following affirmation from each participant.
- I affirm that, within the last 14 days, I have not:
  1. Had a new fever of 100.4 or higher, or a sense of having a fever
  2. Developed a new cough, congestion, or runny nose that cannot be attributed to another health condition
  3. Developed shortness of breath that cannot be attributed to another health condition
  4. Developed a new sore throat that cannot be attributed to another health condition
  5. Experienced muscle aches that cannot be attributed to another health condition, or that may not have been caused by a specific activity such as physical exercise
  6. Developed nausea, vomiting, or diarrhea
  7. Traveled within an area identified as a Covid-19 hot spot
  8. Been in contact with an individual who has been ill with respiratory complaints or fever, or who I know has been tested positive for Covid-19
  9. Been diagnosed with Covid-19

If, within the last 30 days, I have tested positive for Covid-19, I agree to disclose to the organization the date on which I was notified that I was no longer contagious with Covid-19. Documentation may be requested.

If, within the last 30 days, I have tested positive for Covid-19 antibodies, I agree to disclose that fact to the organization. Documentation may be requested.

Immediately prior to participating in a camp program, I consent to have my temperature taken by a staff or medical staff along with consenting to a rapid Covid-19 test.

### Upon Arrival/ Check-In

- All campers will be required to complete a “Screening Questionnaire” with our staff prior to exiting their vehicle.
- If a camper/family is unable to complete the questionnaire to the required standard, due to concerns over their own health or the risks as described, we will not allow them to remain at camp and instead will provide options for a credit for a future camp at a later date or a refund.
- If a camper or family refuses to complete the questionnaire, they will not be allowed remain at camp. No refunds will be provided for families who refuse the questionnaire.
- Once each participant has completed the intake questionnaire, each participant’s temperature will be taken with a touchless infrared thermometer. A parent who will be exiting the vehicle will also have his/her temperature taken. The participant will also be screened using a rapid Covid-19 test, Abbott’s BinaxNOW.

- If temperature is 100.4, or higher, we will not allow them to remain at camp and instead, will provide options for a credit for a future camp at a later date or a refund.
- If a camper comes to camp with ANY sort of illness, COVID related or not, they will not be permitted to remain at camp.
- Only one parent/ guardian may exit the vehicle to complete check in. We are adopting a “one parent/one camper” rule during check-in.
- No restrooms will be available for families to use during the check-in process.

In the 14 days prior to camp, campers and staff should take their temperature daily. Any camper or staff member registering a temperature over 100 degrees or with any vomiting, diarrhea, rash, coughing, nasal drainage, or sore throat should be evaluated by their physician who should provide a note stating their diagnosis (and treatment if applicable) and provide this to camp. Camp providers will review and determine if/when camper can attend camp. If a camper or staff member is deemed to have a communicable disease, a discussion with the Executive Director and/or Medical Director is required before arrival to camp. If any concern for exposure to communicable disease or signs/symptoms of communicable disease, the camper will be asked to return home with parents. Camper may return later in session if free of communicable disease per discretion of Executive Director and Medical Director.

#### **Screening while at Camp**

- Daily temperature check of campers
- Daily review of symptom questionnaire

### **WHAT IF SOMEONE EXPERIENCES COVID-19 SYMPTOMS DURING CAMP?**

#### **Patient care and management for campers or staff with symptoms suspicious for Covid-19:**

1. Consult with federal and health agencies to determine availability and justification for evacuation.
2. Person will immediately be physically distanced from others and required to wear a mask for the remainder camp, and continue this until evacuated from camp.
3. One liaison will be identified to interface with this person to provide care.
4. Follow DYFI medical protocols and provide appropriate medical treatment.
5. Begin monitoring temperature, oxygen saturation with pulse oximeter, and vital signs. Document and track. Provide updates to medical control, evacuating/governing agency for each area, and regional manager coordinating care and subsequent transportation, medical, and logistical support.
6. Keep hydrated (as determined by medical staff)
7. Quarantine.
8. Testing is mandated at earliest opportunity. While the test is being processed, self-quarantine in a local community hospital or home
9. After evaluation and care, notify appropriate agencies, all staff at camp, and parents of campers of results. Maintain HIPAA protection and confidentiality by using generic terms to describe a “camper,” or “participant”, who has a confirmed (negative or positive) test.

#### **Health management for campers in a cabin/group of individual with suspected Covid-19:**

1. Physically distance campers and staff with the person who displayed positive symptoms. Place the person in a separate isolation room.
2. Require face coverings for those exposed to this person. Increase temperature and pulse oximeter testing frequency to twice daily.
3. Executive Director will communicate with medical care providers to prepare for protected transport of the individual with suspected Covid-19 by the parent or guardian.
4. Families of other campers in the cabin will be notified in accordance with public health guidelines, these campers will require their parents to take them home for quarantine.
5. If ANY illness is present, a camper may not return to camp for the remainder of the session.
6. As we all know, any time we are in the public domain, it is impossible to avoid potential exposures to a host of infectious germs, viruses and diseases. Potential exposure does not necessarily mean someone is infectious to others unless the proximity and duration guidelines from the CDC are met or exceeded. Executive Director will refer to those current standards and provide all campers and staff current guidance on how to best use appropriate precautions and self-monitor. Similar to traveling through an airport, grocery store, or other public space, always use good hygiene and practices.

#### **Management of staff who have been in a cabin with an individual with suspected Covid-19**

1. Staff will immediately be required to wear a face mask and will continue constant hand sanitizing and hygiene.
2. Initiate twice daily monitoring of temperature and oxygen saturation with pulse oximeter and document. Hand and surface washing combined with distancing and face coverings are critical to containment.
3. The Executive Director will collect information regarding potential exposure, including length of time, proximity, and any physical contact.
4. If it is determined that a staff or volunteer is potentially infected, testing is warranted and removal from camp will occur.
5. Staff will avoid public buildings or housing until determined negative through time or testing. The camper will go to the Infirmary to visit one of the nurses. Within the Infirmary are two isolation rooms with a private restroom. The nurse, wearing upgraded personal protective equipment will ask campers questions and take their temperature. If the camper has a temperature over 100.4 or presents any of the symptoms listed as potentially having a flu-like illness, affected persons will be immediately isolated. The camper's primary parent will be notified. The attending physician and healthcare director will consult with and assess affected persons to identify symptoms and illness as soon as possible. If proper testing can be conducted on site, it will be done. If acute treatment is needed and unavailable on site, the person will be transported to ER.

#### **Program Modifications**

##### **Cabins:**

- Cabin pod will consist of 5 campers, 2 staff, and 2 medical staff
- Cabin challenge groups will change:
  - Group A- Cabins 1, 2
  - Group B- Cabins 3, 4
  - Group C- Cabins 7, 8
  - Group D- Cabins 9, 10

#### Campfire:

- All will be masked at campfire and physically distanced
- Added seating as necessary to properly space cabins
- Seating will be specifically assigned to a cabin for the week

#### Meals:

- Half of the camp will eat outside under tent awning while half will eat distanced in the dining hall (will rotate days)
- In the case of inclement weather, other accommodations will be made
- Handwashing directly before sitting down (one way traffic in dining hall)
- Hand sanitizer on each table
- Gloved, masked staff will help serve all food
- Changing to paper products in 2021
- All snacks will be individually packaged
- Additional sanitizing before and after each meal

#### Program Areas:

- Increased sanitizing before and after each group (release 5 minutes early for proper cleaning)
- Diabetes Ed moved to outdoors to increase ventilation
- Hand sanitizer at all program areas
  - All campers and staff will hand sanitizer upon arrival to area
- Purchase extra supplies to reduce sharing
- Omit Paintball for 2021 season
- Free Choice will be decided with cabin during first evening of camp, pods will remain together
- Evening activity will meet current physical distancing guidelines while remaining in smaller pods
- Water bottles will be filled by sanitized, masked staff

#### **DISCLAIMER**

Although protocols will be implemented, the activities at the Diabetes Youth Foundation of Indiana include a variety of traditional sports, games, activities, and events that may prove to be impossible to consistently implement any social distancing of 6 feet or less that may be recommended by any known government authorities.

Camp is a place where campers, counselors, and staff are often in contact and near each other every day and every night. DYFI will be taking more health precautions this summer. Precautions during camp include encouraging and enforcing more handwashing, more use of hand sanitizers, more wiping down of doorknobs and high use areas with antibacterial wipes, etc.

DYFI plans to be in constant communication with its Lead Medical Team. It plans to send campers and staff home that have a high temperature. But even taking these and other extra precautions, campers will still be exposed to the risk of contracting the Coronavirus (Covid-19) or possibly some other illness.

The activities and risks of DYFI are an integral part of the DYFI experience. If eliminated, campers would be deprived of the opportunity for the growth and development which DYFI and its campers and families expect.



Ultimately, it is up to each individual family to decide as to whether DYFI is a viable option and/or a mitigated risk that they are willing to move forward with. This document serves as a brief summary/overview of the policies, procedures, and protocols that have been developed by DYFI to help mitigate communicable disease and COVID-19. The information presented is not intended to be an exhaustive list of the precautions that are implemented internally with regard to medical care, equipment, sanitation, PPE, testing, etc. Additional COVID-19 protocols have been created by our DYFI Medical Committee and are based on the latest recommendations and guidelines from medical professional, state, local, and federal government agencies. These protocols provide in-depth guidance for care of campers and staff while at camp, including testing capabilities. Please contact Jenna White, 317-750-9310 or dyfjenna@gmail.com, with any questions or concerns that you may have.